

Anti-racism Resource Guide

Last Updated: June 8, 2020

This anti-racist resource guide was crafted amidst the anger of the latest black body turned hashtag #AhmaudArbery. It is consistently being updated to address the current climate of our country and the personal growth needed to sustain this life-long journey. Please note that this document was and will continue to be a group effort. Suggested additions or other feedback can be emailed to me at the address below. I have tried extremely hard to thoroughly comb through these resources before they were listed, but always seeking new material. It took a lot of time and energy, emotional and mental labor to get this document to its current update. Some have asked about financially supporting the continued work of this anti-racism resource guide, that info is also below.

This is *just* a resource, not a map leading to a destination, but help along the way, a strong start. The tendency to try and get through this list in its entirety and feel accomplished or to get overwhelmed by the ever growing list are real reactions we should leave behind. Again, this **IS LIFE-LONG WORK that we choose to enter into**, a journey for an anti-racist traveler that will take a lifetime.

Starting Your Journey begins on page three and is based on [Ibram X. Kendi's anti-racism syllabus](#). There are four steps to guide you into the other resources that begin on page four. If you don't feel quite ready to begin your journey, you can start below with some suggested pre-reading. Throughout the guide you will notice, White authors are noted, books are alphabetized by author, and podcasts, movie trailers, and organization websites are all linked. It is strongly encouraged that if you choose to purchase a book, you find it on a site that benefits the writer the most.

It is important to start somewhere, even though there is no end point. This is a tool. This does not even brush the surface of anti-racism resources, but it is a start. Learning, re-learning, and decolonizing history are all necessary pieces of this journey, but should coincide with other things like listening, taking action, financially supporting, decentering whiteness, etc.

For those who identify as Black, Indigenous, and Persons of Color (BIPOC) engagement with these resources may be triggering. These materials are intended to help you further understand oppressive systems, and provide more tools and resources to fight these systems while recognizing how your own bias contributes to your prejudices.

For those of you who are White, engaging with these resources could bring a negative or defensive reaction. I encourage you to challenge your own culture, privilege, and bias while continuing the fight against oppressive systems that you benefit from.

I truly believe that this ongoing work is a journey of empathy and care for humanity, individually and collectively. We must engage if we want to do intentional anti-racism work in our families, our classrooms, our conversations, our meetings, our community, our country, and our world.

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SUGGESTED PRE-READING

Blindspot

Mahzarin R. Banaji

Racism Without Racists: Color-blind Racism And The Persistence Of Racial Inequality In America

Eduardo Bonilla-Silva

Biased

Jennifer L. Eberhardt, PhD

Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong

James W. Loewen (white author)

So You Want To Talk About Race

Ijeoma Oluo

STARTING YOUR JOURNEY

1. Define Race

Fatal Invention: How Science, Politics, Big Business, Re-create Race In The 21st Century

Dorothy Roberts

2. **Define Racism & Anti-racism**

Stamped From the Beginning: The Definitive History of Racist Ideas In America

Ibram X. Kendi

How To Be Antiracist

Ibram X. Kendi

or

Stamped: Racism, Antiracism, and You

Ibram X. Kendi & Jason Reynolds

3. **Settle Your Feelings**

BIPOC Learners should read:

Locking Up Our Own: Crime and Punishment In Black America

James Forman Jr.

or

White Learners should read:

White Fragility: Why It's So Hard For White People To Talk About Race

Robin Di'Angelo (white author)

4. **Continue Your Journey**

Anti-racism is life-long work for all of us, there is no finish line. May we continue to move forward, instead of backwards. Start somewhere, start anywhere.

Page four begins the evolving list of resources organized by topic, and medium. Feel free to use the outline on the left to navigate the resources.

CONTINUING THE JOURNEY

How Does It Feel To Be A Problem? Being Young And Arab In America

Moustafa Bayoumi

The Next American Revolution: Sustainable Activism For The Twenty-First Century

Grace Lee Boggs

Tears We Cannot Stop: A Sermon To White America

Michael Eric Dyson

Ghosts In The Schoolyard: Racism And School Closings On Chicago's South Side

Eve L. Ewing

How To Be Less Stupid About Race: On Racism, White Supremacy And The Racial Divide

Crystal M. Flemming

A Short History Of Reconstruction 1863-1877

Eric Foner (white author)

Tell Me Who You Are

Winona Guo & Priya Vulchi

This Book is Anti-Racist: 20 Lessons on How To Wake Up, Take Action, And Do The Work

Tiffany Jewell & Aurelia Durand

Why We Can't Wait

Martin Luther King, Jr.

America for Americans: A History Of Xenophobia In The United States

Erica Lee

They Can't Kill Us All: Ferguson, Baltimore, and a New Era In America's Racial Justice Movement

Wesley Lowery

How Capitalism Underdeveloped Black America: Problems In Race, Political Economy And Society

Manning Marable

Citizen: An American Lyric

Claudia Rankine

American Lynching

Ashraf H. A. Rushdy

The Politics Of The Veil

Joan Wallach Scott (white author)

The Origins Of The Urban Crisis: Race and Inequality In Postwar Detroit

Thomas Surgue (white author)

A Different Mirror A History Of Multicultural America

Ronald Takaki

A People's History Of The United States

Howard Zinn (white author)

I Know Why The Caged Bird Sing

Maya Angelou

I'm Still Here: Black Dignity In A World

Made For Whiteness

Austin Channing Brown

The Best We Could: An Illustrated Memoir

Thi Bui

Between The World And Me

Ta-nehisi Coates

Eloquent Rage: A Black Feminist Discovers

Her Superpower

Brittney Cooper

Lakota Women

Mary Crow Dog & Richard Erdoes

Minor Feelings: An Asian American

Reckoning

Cathy Park Hong

Good Talk: A Memoir In Conversation

(Graphic Novel)

Mira Jacob

They Can't Kill Us Until They Kill Us

Hanif Abdurraqib

Alligator and Other Stories

Dima Alzayat

The Fire Next Time

James Baldwin

MEMOIRS

When They Call You A Terrorist: A Black Lives Matter Memoir

Patrisse Khan-Cullors & Asha Bandele

Paper Sons

Dickson Lam

Heavy: An American Memoir

Kiese Laymon

Redefining Realness: My Path To Womanhood, Identity, Love & So Much

More

Janet Mock

Citizen 13660 (Graphic Novel)

Miné Okubo

I Love You Are For White People: A Memoir

Lac Su

The Auto-Biography Of Malcolm X

Malcolm X

ESSAYS

Black Is The Body: Stories From My Grandmother's Time, My Mother's Time, And Mine

Emily Bernard

We Were Eight Years In Power: An American Tragedy

Ta-Nehisi Coates

We Gon' Be Alright: Notes on Race & Resegregation

Jeff Chang

Freedom Is A Constant Struggle: Ferguson, Palestine, And The Foundations Of A Movement.

Angela Y. Davis

If They Come In The Morning...Voices Of The Resistance

Edited by Angela Davis

The Souls of Black Folk

Poet X

Elizabeth Acevedo

A Negro And An Ofay: The Tales of Elliot Caprice

Danny Gardner

Homegoing

Yaa Gyasi

Their Eyes Were Watching God

Zora Neale Hurston

Welcome To Braggsville: A Novel

T. Geronimo Johnson

The Other Americans

Laila Lalami

The Year Of The Dog

Grace Lin

The Undefeated

Kwame Alexander, illustrated by Kadir Nelson

Something Happened In Our Town

Marianne Celano, Marietta Collins, and Ann Hazzard, illustrated by Jennifer Zivoin

I Am Not A Number

Jenny Kay Dupuis & Kathy Kacer, illustrated by Gillian Newland

Anti-Racist Baby

Ibram X. Kendi, illustrated by Ashley Lukashevsky

W.E.B. Du Bois

Bad Feminist

Roxanne Gay

Sister Outsider: Essays & Speeches

Audre Lorde

This Bridge Called My Back: Writings By Radical Women Of Color

Edited By Cherríe Moraga & Gloria Anzaldúa

Some Of Us Are Very Hungry Now

Andre Perry

The Fire This Time: A New Generation Speaks About Race

Jesymn Ward

FICTION

The Bluest Eye

Toni Morrison

Americanah

Chimamande Ngozi Adichie

All American Boys

Jason Reynolds

We Cast A Shadow

Maurice Carlos Ruffin

The Hate U Give

Angie Thomas

The Paragon Hotel

Lyndsay Faye (white author)

On Earth We're Briefly Gorgeous

Ocean Vuong

CHILDREN'S LITERATURE

Dim Sum For Everyone!

Grace Lin

Separate Is Never Equal: Sylvia Mendez

And Her Family's Fight For Desegregation

Duncan Tonatuih

Young Water Protectors: A Story About

Standing Rock

Aslan & Kelly Tudor

The Day You Begin

Jaqueline Woodson, illustrated by Rafael Lopez

Moses: When Harriet Tubman Led Her People To Freedom

Carole Boston Weatherford, illustrated by Kadir Nelson

Hot Hot Roti for Dada-ji

F. Zia, Illustrated by Ken Min

The First R: How Children Learn Racism

Debra Van Ausdale & Joe R. Feagin (white author)

Motherhood So White: A Memoir of Race, Gender, and Parenting In America

Nefertiti Austin

Teaching Your Kid About Black History Month (Article)

Nefertiti Austin

Parenting Forward

Cindy Wang Brandt

The Myth Of The Model Minority: Asian Americans Facing Racism

Rosalind S. Chou & Joe R. Feagin (white author)

Two Faces Of Exclusion: The Untold Story Of Anti-Asian Racism In The United States

Lon Kurashige

We Too Sing America: South Asian, Arab, Muslim, and Sikh Immigrants Shape Our Multiracial Future

Deepa Iyer

The Making Of Asian America

Erika Lee

On Gold Mountain

Lisa See

Strangers From A Different Shore: A

History of Asian Americans

Ronald Takaki

They Called Us Enemy (Graphic Novel)

George Takei

Borderlands/La Frontera

Gloria Anzaldúa

The Boy And The Wall

Palestinian Children in the Aida Refugee Camp

New Kid

Jerry Craft

PARENTING

Parenting Forward (Podcast)

Revolutionary Mothering: Love On The Front Lines

Edited by Alexis Pauline Gumbs, China Martens, and Mai'a Williams

Raising White Kids:Bringing Up Children In A Racially Unjust America

Jennifer Harvey

We Live for the We: The Political Power of Black Motherhood

Dani McClain

ASIAN & PACIFIC ISLANDER STUDIES

Yellow Peril!: An Archive of Anti-Asian Fear

Edited by John Kuo Wei Tchen and Dylan Yeats (white author)

Yellow: Race In America Beyond Black And White

Frank H. Wu

Alien Nation: Chinese Migration In The Americas From The Coolie Era Through World War II

Elliott Young

The Good Immigrants: How The Yellow Peril Became The Model Minorities

Madeline H. Ysu

Asian American Dreams: The Emergence Of An American People

Helen Zia

Asian Americans (Mini-Series)

PBS

Long Distance (Podcast)

Self Evident(Podcast)

CHICANX/LATINX STUDIES

Open Veins of Latin America: Five Centuries of Pillage of A Continent

Eduardo Galeano

Inventing Latinos: A New Story of American Racism

Laura E. Gomez [Available August 2020]

De Colores Means All Of Us

Elizabeth Martinez

Latinos Who Lunch (Podcast)

INDIGENOUS STUDIES

Native: Identity, Belonging, And Rediscovering God

Kaitlin Curtice

An Indigenous People's History Of The United States

Roxanne Dunbar-Ortiz (white author)

Why Indigenous Literatures Matter

Daniel Heath Justice

Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, And The Teaching Of Plants

Robin Wall Kimmerer

Highway of Tears: A True Story of Racism, Indifference, And The Pursuit Of Justice For Missing And Murdered Indigenous Women and Girls

Jessica McDiarmid (white author)

The Other Slavery

Andrés Reséndez

Seven Fallen Feathers

Tanya Talaga

All Our Relations: Indigenous Trauma In The Shadow Of Colonialism

Tanya Talaga

All Our Relations: Finding The Path Forward

Tanya Talaga

Everything You Wanted To Know About Indians But Were Afraid To Ask

Anton Treuer

Rez Life: An Indian's Journey Through Reservation Life

David Treuer

BLACK STUDIES

The Education Of Blacks In The South, 1860-1935

James D. Anderson

The Half Has Never Been Told: Slavery And The Making Of American Capitalism

Edward E. Baptist (white author)

The Color Of Money: Black Banks And The Racial Wealth Gap

Mehrsa Baradaran

A Black Women's History Of The United States

Daina Ramey Berry & Kali Nicole Gross

The Price For Their Pound Of Flesh: The Value Of The Enslaved, From Womb to Grave, In The Building Of A Nation

Daina Ramey Berry

Black Feminist Thought: Knowledge, Consciousness And Political Thought

Patricia Hill Collins

Selma(movie)

Directed by Ava Duverney

Ain't I a Woman: Black Women and Feminism

Bell Hooks

March Trilogy (Graphic Novels)

John Lewis, Andrew Aydin, Nate Powell

North Of Slavery: The Negro In The Free States, 1780-1869

Leon F. Litwack (white author)

Black Stats: African Americans By The Numbers In The Twenty-First Century

Monique M. Morris

Pushout: The Criminalization of Black Girls in Schools

Monique M. Morris

40 Million Dollar Slaves: The Rise, Fall, And Redemption of The Black Athlete

William C. Rhoden

From #BlackLivesMatter To Black Liberation

Keeanga-Yamahtta Taylor

A More Beautiful And Terrible History: The Uses And Misuses Of Civil Rights History

Jeanne Theoharis

The Underground Railroad (Historical Fiction)

Colson Whitehead

The Warmth of Other Son: The Epic Story Of America's Great Migration

Isabel Wilkerson

African American History: From Emancipation to the Present

Yale University AFAM 162, Free Online Course

HEALTH AND MEDICINE

Just Medicine: A Cure For Racial Inequality In The American Health Care System

Dayna Bowen Matthew

The Immortal Life Of Henrietta Lacks

Rebecca Skloot (White Author)

Medical Apartheid: The Dark History Of Medical Experimentation On Black Americans From Colonial Times To The Present

Harriet A. Washington

Flatlining: Race, Work, And Healthcare In The New Economy

Adia Harvey Wingfield

LAND AND HOUSING

Evicted: Poverty And Profit In The American City

Matthew Desmond (white author)

The Color of Law: A Forgotten History on How Our Government Segregated America

Richard Rothstein (white author)

TEACHING

For All You White Folks Who Teach In The Hood...And The Rest Of Ya'll Too

Christopher Emdin

Not Light, But Fire: How To Lead Meaningful Race Conversations In The Classroom

Matthew R. Kay

Culturally Responsive School Leadership

Muhammad Khalifa

We Want To Do More Than Just Survive: Abolitionist Teaching And The Pursuit Of Educational Freedom

Bettina L. Love

Start Where You Are But Don't Stay There: Understanding Diversity, Opportunity Gaps, And Teaching In Today's Classroom

H Richard Milner IV

Cultivating Genius: An Equity Model for Culturally and Historically Responsive Literacy

Gholdy Muhammad

White Teachers Need Anti-racist Therapy (article)

Bettina L. Love

Everyday AntiRacism: Getting Real About Race In Schools

Mica Pollock (white author)

"Why Are All The Black Kids Sitting Together In The Cafeteria" And Other Conversations On Race

Beverly Daniel Tatum, PhD

Conversation Starters with #schooltalking

A Framework For Teaching American Slavery

Teaching Tolerance Classroom Resources

Zinn Project Teaching Materials

IMMIGRATION

Create Dangerously: The Immigrant Artist At Work Enrique's Journey

Edwidge Danticat

My Family Divided

Diane Guerrero

Call Me American

Abdi Nor Iftir

Tell Me How It Ends: An Essay In Forty Questions

Valeria Luiselli

Sonia Nazario

The Devil's Highway: A True Story

Luis Alberto Urrea

The Undocumented Americans

Karla Cornejo Villavicencio

VOTING

One Person, No Vote: How Voter Suppression Is Destroying Our Democracy

Carol

Anderson

Give Us The Vote: The Modern Struggle For Voting Rights In America

Ari Berman

MASS INCARCERATION

The New Jim Crow

Michelle Alexander

Slavery By Another Name: The Re-enslavement Of Black Americans From The Civil War To World War II

Douglas A. Blackmon (white author)

Choke Hold: Policing Black Men

Paul Butler

Are Prisons Obsolete?

Angela Y. Davis

From The War On Poverty To The War On Crime: The Making Of Mass Incarceration In America

Elizabeth Hinton

An American Marriage (Fiction)

Tayari Jones

Just Mercy: A Story Of Justice And Redemption

Bryan Stevenson

Just Mercy (Movie)

Directed by Destin Daniel Cretton

The Nickel Boys (Historical Fiction)

Colson Whitehead

Solitary: Unbroken By Four Decades In

Solitary Confinement My Story of Transformation And Hope

Albert Woodfox

13th (Movie)

An American Documentary Directed by Ava Duvernay

When They See Us (Mini-Series)

Netflix Original Co-Written and Directed by Ava Duvernay

Ear Hustle (Podcast)

WHITE STUDIES

The Invention of The White Race: Volume 1: Racial Oppression and Social Control

Theodore W. Allen (white author)

The Invention of The White Race: Volume 2: The Origin of Racial Oppression in Anglo-America

Theodore W. Allen (white author)

White Rage

Carol Anderson

What Does It Mean To Be White: Developing White Racial Literacy

Robin DiAngelo (white author)

We Talk Different Episode #63-The 'What Does It Mean To Be White' Edition with Robin Di'Angelo (Podcast)

Black Like Me

John Howard Griffin
White Kids: Growing Up With Privilege In A Racially Divided America
Margaret A. Hagerman
Waking Up White
Deby Irving
The History of White People
Nell Irvin Painter

Me And White Supremacy: Combat Racism, Change The World, and Become A Good Ancestor
Layla F. Saad
White Like Me: Reflections On Race From A Privileged Son
Tim Wise (white author)

HEALING AND RESTORATION

The Little Book on Race and Restorative Justice
Fania E. Davis
The Innerwork of Racial Justice: Healing Ourselves and Transforming Our Communities Through Mindfulness
Rhonda V. Magee

My Grandmother's Hands: Racialized Trauma And The Pathway To Mending Our Broken Hearts And Bodies
Resmaa Menakem
The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systematic Racism, and Engage in Collective Healing
Annealiese A Singh, PhD, LPC

FOR THE CHURCH

The Cross and the Lynching Tree
James H. Cone
Unsettling Truths: The Ongoing, Dehumanizing Legacy Of The Doctrine Of Discovery
Mark Charles & Soong-Chan Rah
Divided By Faith: Evangelical Religion And The Problem Of Race In America
Michael O. Emerson & Christian Smith (white author)
Rethinking Incarceration: Advocating For Justice That Restores
Dominique Du Bois Gilliard
The Very Good Gospel
Lisa Sharon Harper
White Awake: An Honest Look At What It Means To Be White
Daniel Hill (white author)
Trouble I've Seen: Changing The Way The Church View Racism
Drew Hart
An Introduction to Womanist Biblical Interpretation
Nyasha Junior

Recovering From Racism: City Ministry In "Post-Racial" America
Larry Lloyd (white author)
Woke Church: An Urgent Call For Christians In America To Confront Racism And Injustice
Eric Mason
Road Map To Reconciliation: Moving Communities Into Unity, Wholeness and Justice
Brenda Salter McNeil
Introducing Womanist Theology
Stephanie V. Mitchem
The Long Repentance (Bible Study)
Mako Nagasawa
Let Justice Roll Down
John Perkins
Prophetic Lament: A Call For Justice In Troubled Times
Soong-Chan Rah
Beyond Colorblind: Redeeming Our Ethnic Journey
Sarah Shin

[Urbana 1970: Racism & World](#)

[Evangelism \(Sermon\)](#)

Speech by Tom Skinner

[Jesus And The Disinherited](#)

Howard Thurman

[The Color of Compromise](#)

Jemar Tisby

[Footnotes with Jemar Tisby \(Podcast\)](#)

[Reconstructing The Gospel: Finding Freedom From The Slaveholder Religion](#)

Jonathan Wilson-Hartgrove (white author)

[Centering: The Asian American Christian Podcast \(Podcast\)](#)

[Truth's Table \(Podcast\)](#)

[ARTICLES](#)

[On Being Comfortable with Discomfort:](#)

[Tiffany Jewell Explains What It Means To](#)

[Be Anti-racist](#)

Vanessa Willoughby

[The Case for Reparations](#)

Ta-nehisi Coates

[Why I Am No Longer Talking To White](#)

[People About Race](#)

Reni Eddo-Lodge

[EJI Lynching In America Interactive](#)

[Resource](#)

Equal Justice Initiative

[Are All White Americans Police Officers?](#)

Andre Henry

[White Privilege: Unpacking The Invisible Knapsack](#)

Peggy McIntosh

[America, The House That Slavery Built](#)

Tasha Williams

[Blacks And Jews Entangled](#)

Edward S. Shapiro (white author)

[MOVIES & CLIPS \(Linked\)](#)

[#1619 Project Interview with Hannah Jones](#)

[Campaign Zero Interview on MSNBC On](#)

[Justice for Ahmaud Arbery](#)

[I Am Not Your Negro](#)

Written by James Baldwin and Directed by

Raoul Peck

[Fruitvale Station](#)

Directed by Ryan Coogler

[Race: The Power Of Illusion](#)

PBS

[American Son](#)

Directed by Kenny Leon

[How Studying Privilege Systems Can Strengthen Compassion](#)

Peggy McIntosh

[Mudbound](#)

Directed by Dee Rees

[Black Feminism & The Movement For Black Lives](#)

Barbara Smith, Reina Gossett, Charlene Carruthers

[The Hate U Give](#)

Directed by George Tillman Jr.

[OTHER RESOURCE LISTS \(Linked\)](#)

[13 Lists Of Ways To Learn And Show Up As Anti-Racists In This World](#)

[30+ Resources To Help White Americans Learn About Race and Racism](#)

[75 Things White People Can Do For Racial Justice](#)

[A Running List Of Anti Racism Resources Anti-Oppression Resource Guide](#)

[Anti-Racism Resource Guide for White People](#)

[Anti-Racism For White People: From Resource To Action](#)

[Anti-Racist Reading List](#)

[Educate Yourself: An Essential Anti-Racism Reading Guide](#)

[Jenna Arnold's Resources](#)

[Joe Truss's 40+ Books For Anti-Racist Teacher Book Club](#)
[Rachel Ricketts' Anti-Racism Resources](#)

[Resources For White People To Learn And Talk About Racism](#)
[Teaching While White Foundational Texts](#)

PODCASTS (Linked)

[1619](#)
[About Race](#)
[All My Relations](#)
[Antiracist Pod Squad](#)
[Code Switch](#)
[Combing The Roots](#)
[Healing Justice](#)
[Intersectionality Matters](#)
[Identity Politics](#)
[Momentum: A Race Forward Podcast](#)
[Pod For The Cause](#)

[Pod Save The People](#)
[Puestas Pa'l Problema](#)
[See Something Say Something](#)
[Seeing White](#)
[Speaking of Racism](#)
[Still Processing](#)
[The Nod](#)
[We Talk Different](#)
[What Would Our Ancestors Think](#)
[White Lies](#)

FOLX TO FOLLOW

Rachel Cargle
Jelani Cobb
Mari Copeny
Sybrina Fulton
Elwing Suong Gonzalez
Britt Hawthorne
Ally Henny
Andre Henry
Myisha T. Hill
Bernice King
Rainer Maningding

Deray Mckesson
S. Lee Merritt, Esq.
Latasha Morrison
Brittany Packnett Cunningham
Sam Sinyangwe
Clint Smith
Tori Williams Douglass
Christina Xu
Jenny Yang
[Any Author Listed Above]

ORGANIZATIONS/PATREONS(Linked)

[Asian American Justice Center](#)
[Asian Americans For Equality](#)
[Be the Bridge](#)
[Black Lives Matter](#)
[Campaign Zero](#)
[Color of Change](#)
[COPAL MN](#)
[Dignity In Schools](#)
[Equal Justice Initiative](#)
[NAACP](#)
[No White Saviors](#)
[Rethinking Schools](#)
[Showing Up For Racial Justice](#)

[Southern Poverty Law Center](#)
[the conscious kid](#)
[The Decolonial Atlas](#)
[The King Center](#)
[Zinn Education Project](#)
[Teaching Tolerance](#)
[The Great Unlearn](#)